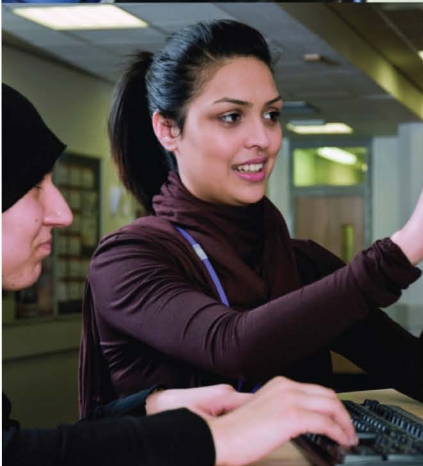




## What is the Diploma in Sport and Active Leisure all about?

A brand new qualification coming to a school near you in September 2010, providing more choice and a wider range of opportunities for you to specialise in areas of the sport and active leisure industry.



## How will the Diploma work?

You will have the opportunity to study something fun and stimulating outside the classroom as well as in it, by mixing up your classroom time between a local college, a local business or even in the classroom with employers themselves.



## Is the Diploma for me?

If you are keen to get into the sport and active leisure industry or even if you simply just enjoy learning in a practical hands-on way then a Diploma may be a good option for you. There are 16 other Diplomas available, please visit [www.direct.gov.uk/diploma](http://www.direct.gov.uk/diploma) for more information on these.



## How is the diploma structured?

You will be able to get the English, maths and ICT knowledge you need plus be able to develop the skills you need in the workplace by gaining some hands-on experience.

A key feature of the Diploma is the minimum of 10 days hands-on experience within a local workplace and the project where you can demonstrate your project management skills.

## Where could the Diploma take me?

Whether it's your ambition to go to university, do an apprenticeship, continue in further education or move into employment, studying a Diploma will assist in reaching your goals.

## What is the Diploma worth?

There are three levels of the Diploma in Sport and Active Leisure each is equivalent as follows:

- **Foundation Diploma:**  
5 GCSEs at grades D-G
- **Higher Diploma:**  
7 GCSEs at grades A\*-C
- **Advanced Diploma:**  
3.5 A levels

## What is different about the Diploma and qualifications already available?

Diploma topics are related to broad industry areas, they're not based on subject areas like geography or history. With the Diploma you can study a GCSE or A level in any subject that interests you, or one that complements your Diploma, such as a language or biology.



## What topics will I study?

The Diploma in Sport and Active Leisure covers a large range of topics. A selection of these topics are listed below to give you a flavour of the range of options available. You may study things like:

### Foundation Diploma in Sport and Active Leisure

- Explore what is meant by a healthy and active lifestyle.
- Understand that the choices made may have an effect on health and wellbeing.
- Explore the basic scientific principles that explain how the human body and the mind respond to regular physical activity.
- Use simple methods to measure the effects of physical activity on the body and the mind.
- Be introduced to the importance of sport and active leisure in the overall economy.

### Higher Diploma in Sport and Active Leisure

- Looks at behaviours and choices that influence participation.
- Learn the basic principals of anatomy and physiology and their application in the industry.
- Investigates the mechanics of movement.
- Identifies the impact of technological innovation.
- Establishes why the industry structure varies from place to place.

### Advanced Diploma in Sport and Active Leisure

- Explores the implications of lifestyle choices on society.
- Gain an understanding of the disciplines of anatomy, physiology and biomechanics technological innovations for the industry.
- Looks at developing technological innovations for the industry to increase performance enhancement and measurement.
- Evaluate the impact of the industry on the economy and its contribution to the GDP.
- Discuss the ethical considerations and the positive legacy after major sport and active leisure pursuits.
- Explores globalisation, sustainability and commercialism in the sector.
- Looks at the implications of equality and diversity legislation.
- Discuss how to deal with all customers needs by developing management, leadership and specialist customer skills.
- Looks at the roles of the industry in community cohesion.

## Resources & links

Find out more about the Diploma in Sport and Active Leisure at: [www.skillsactive.com/saldiploma](http://www.skillsactive.com/saldiploma) or [www.direct.gov.uk/diploma](http://www.direct.gov.uk/diploma)